

Linlithgow Scotch Hop – [WEBSITE](#) [FACEBOOK](#) [TWITTER](#)

15th July 2020 {Virtual} Dance Programme

Created by Ian Whittaker – many thanks from Linlithgow Scotch Hop!

[GAY GORDONS](#) [couples around the room facing anti-clockwise, ladies on the right.]

[THE FLYING SCOTSMAN](#) (Simplify version J4x32 where all cpls chase and don't weave) 16SCDs

[A HIGHLAND WELCOME](#) (R32) Round the Room Dance 2 facing 2 B Forbes Craigievar Book 1

[THE BORROWDALE EXCHANGE](#) (R32) 3C circular set Derek Haynes Carnforth Collection 2
Round the room in 3 Couple Circles

[ISLE OF SKYE](#) (R8x32) 3C (4C set) T Wilson RSCDS Bk 10

[REBECCA'S ROUNDABOUT](#) (Progressive threesome) R/J/P32 W-M-W

[ST BERNARD WALTZ](#) (W16) Round the room dance

[THE DHOON](#) (J4x32) 4C set J Hamilton SCDS for Children

[RIVERSIDE JIG](#) (R8x32)

[GYPSY TAP](#) Round the room Cpls facing line of dance

[EIGHTSOME REEL](#) (R40+8x48+40) Sq.Set RSCDS 2

[FRIENDLY WALTZ](#) Big circle Cpls facing in with nhj (progressive)

{At Linlithgow there are sometimes dances for more experienced Scottish Country Dancers. Less experienced dancers would do the simpler ceilidh dance, in this case [A REEL FOR JEANNIE](#), dancing to the same music}

[REEL OF THE 51ST DIVISION](#) (R8x32) 3C (4C set) Atkinson RSCDS Bk 13

Or

[A REEL FOR JEANNIE](#) (R4x32) 4C set Fife Council RSCDS 40

[BOSTON TWO-STEP](#) (Linlithgow Version) (O16) 1cpl

[STRIP THE WILLOW](#) (J4x40)

Instructions for each dance are on the following pages

GAY GORDONS [couples around the room facing anti-clockwise, ladies on the right.]

- 1-4 March 4 steps in Allemande hold (L.R.L.R). swivelling R on 4th step, to face clw & March 4 steps backward
5-8 repeat 1-4
9-12 M marches (or dances) 8 steps forward, while W advances swivelling R under his up-raised right arm
13-16 Take ballroom hold and polka (or waltz), finishing in original position, ready to repeat

FLYING SCOTSMAN (THE) (Simplify vcrsion J4x32 where all cpls chase and don't weave) 16SCDs

- 1-8 1W followed by 2W & 3W & 4W Cross at top, behind all M, cross back and dance up to place.
9-16 1M followed by 2M & 3M & 4M Repeat around W.
17-24 1s Slip down the middle for 8 slip steps (big steps) & up for 8(small steps) (2s+3s+4s Step up on 19-20).
25-32 2s+3s+4s+1s hand joined with partner Slip down for 8 & up for 8.

A HIGHLAND WELCOME (R32) Round the Room Dance 2 facing 2

B Forbes Craigievar Book 1

- 1- 8 Both couples circle to left & back again
9-16 Both couples dance RH across & LH back to places
17-24 All give LH to opposite partner & turn to end facing own partner, turn partner RH to end facing other couple
25-32 All advance for 2 steps & retire, all couples advance to meet new couples with couples facing clockwise round the room making the arches

THE BORROWDALE EXCHANGE (R32) Derek Haynes Carnforth Collection 2

Round the room in 3 Couple Circles

- 1- 8 All circle 6H round and back
9-16 All Adv&Ret (into centre of circle) and dance DoSiDo with partner
17-24 All dance RH across, Lady with hand is underneath dances out under arch into prom hold with new partner followed by next Lady etc.
25-32 All Promenade with new partners anywhere round the room and meet with another 2 couples to start again

ISLE OF SKYE (R8x32) 3C (4C set)

T Wilson

RSCDS Bk 10

- 1- 8 1s+2s+3s set twice and cross (Ladies under Men's arches passing partner RSh)
9-16 1s+2s+3s repeat to places
17-24 1s lead down the middle, up to top and turn to face 2s
25-32 1s set twice to 2s and turn opposite dancer with 2H 1½ times to end in 2nd places. 213

REBECCA'S ROUNDABOUT (Progressive threesome) R/J/P32 W-M-W

- 1-8 Skip round circle
9-16 In threes, Circle Left, circle Right
17-24 In threes, RH across, LH across
25-32 W Arch, M goes through, round W right, through arch, round W left, through arch onto next couple

ST BERNARD WALTZ (W16) Round the room dance

- 1-8 All in waltz hold take 3 side steps anticlockwise and stamp both feet, 2 side steps in opposite direction then 2 steps in towards centre
9-16 All take 2 steps outwards and Lady turns under Mans right arm, all waltz round room

DHOON (THE) (J4x32) 4C set

J Hamilton

SCDS for Children

- 1-8 With nhj on the sides 4 slip steps R & back ; all turn partner RH
9-16 With nhj on the side 4 slip steps L & back ; all turn partner LH
17-24 1C cast off 1 place and meet nhj facing up & dance to top ; cast off to bottom (2C+3C+4C step up)
25-32 All Circle 8 and back

RIVERSIDE JIG (R8x32)

Make 2 big lines down the room, cpls standing on the same side of the line with their partner,(M on the left, L on the right). Everyone should have another couple standing opposite them for the dance to work.

- 1-8 Join hands in your lines. Advance for 2 and shout, back off for 2, forward again for 2 and shout, back off for 2
9-16 RH across with the couple opposite you, then back LH across.
17-24 Do-si-do with the person opposite you. Do-si-do with your partner.
25-32 Top 2 couples join hands in a straight line across the top of the set. (MLML), raise your arms and run down the length of the set with the two lines passing under your arms as you run.

GYPSY TAP Round the room Cpls facing line of dance

- 1-4 2 side steps (fwd around circle) to man's left/ladies right. 3 walking steps forward and close

- 5-8 Repeat [1-4] (Step-together, step-together, 1,2,3-together)
- 9-16 Repeat [1-8] sequence in opp. direction, finish facing LOD nhj.
- 17-18 Step forward and away from partner, then forward and towards partner
- 19.20 Drop hands and turn single
- 21-24 Repeat [17-20]
- 25-26 In half ballroom hold, start outside foot, walk forward 3 steps and lift inside foot (1,2,3-kick) {Or wheelbarrow in to centre}
- 27-28 Walk back 3 steps and close, facing partner and take ballroom hold {Or wheelbarrow out from centre}
- 29-32 Rotary Chasse 2 turns

EIGHTSOME REEL (R40+8x48+40) Sq.Set

RSCDS 2

Introduction:-

- 1-8 All circle 8H round & back
 - 9-16 Ladies dance RH across (partners on their left) in St Andrews Cross formation, change to Men dancing LH across in centre back to places
 - 17-24 All set to partners twice & turn 2H
 - 25-40 All dance Grand Chain (2 steps to each person, 16 bars total)
- Dance:-8 times through firstly with 1L in centre, then 2L, 3L, 4L, 1M, 2M, 3M, 4M
- 1-8 With 1L in centre of dance setting (special steps?) the others dance 7H round & back
 - 9-16 1L sets to partner & turns 2H, 1st Lady sets & turns 3rd Man
 - 17-24 1L dances reel of 3 with 1M+3M passing partner LSh
 - 25-32 1L sets in centre while others circles 7H round & back
 - 33-40 1L sets to 4th Man & turns 2H, 1st Lady sets to 2nd Man & turns 2H
 - 41-48 1L dances a reel of 3 with 4M+2M across dance passing 4M LSh & 1L retires to place as 2L goes into centre to dance with prtner & opposite M, etc

Finale:-

- 1-40 Repeat Introduction

FRIENDLY WALTZ Big circle Cpls facing in with nhj (optionally progressive)

- 1-4 Balance forward, balance back , pass lady on the left across to the right
- 5-8 Balance forward, balance back, man turns to face the lady who he moved and in ballroom hold ¼ turn man back to centre
- 9-12 Two side-steps along line of dance, 2 side step against line of dance
- 13-16 In ballroom hold do 2 waltz turns to end opened out into big circle nhj

REEL OF THE 51ST DIVISION (R8x32) 3C (4C set)

Atkinson RSCDS Bk 13

- 1- 8 1s set & cast below 3s, lead up to face 1st corners
- 9-16 1s set & turn 1st corners RH to balance in diagonal line, set & 1s turn LH to face 2nd corners
- 17-24 1s set & turn 2nd corners RH to Balance-in-Line, set & 1s turn LH to 2nd place own sides
- 25-32 2s+1s+3s circle 6H round & back

Or

AREEL FOR JEANNIE (R4x32) 4C set

Fife Council RSCDS 40

- 1- 8 All circle 8H round & back
- 25.32 1s slip step down the middle & back
- 25.32 1s followed by 2s, 3s & 4s cast to bottom, 1s make an arch as 2s, 3s & 4s dance under
- 25.32 2s+3s+4s+1s clap 8 times & turn partners RH once round

BOSTON TWO-STEP (Linlithgow Version) (O16) 1cpl

- 1-4 [nhj hands and facing cclw] Heel toe, heel, toe ,walk 3 steps and turn alone on 4th
- 5-8 Repeat the above.
- 9.16 Hold both hands, facing, hop on left foot and then kick right foot across, hop in R foot and kick left foot across 4 2-steps once around, end in 'open' position ready to dance again.

STRIP THE WILLOW (J4x40)

- 1-8 1s 2½ RH turn ; 1W turn 2M LH (1M runs down), Pntr RH
- 9-16 1W turn 3M LH, Pntr RH ; 4M LH, Pntr RH
- 17-24 1M turn 4W LH (1W runs up) Pntr RH ; 3W LH, Pntr RH
- 25-32 1M turn 2W LH, Pntr RH ; 1W+2M & 1M+2W turn LH (2s finish one place up), 1s turn RH
- 33-40 Repeat with 3s ; repeat with 4s, finishing with 1½ RH turn (may overrun by 2 bars)